



# First Tee - Contra Costa 2026 Camp Concord Summer Camp

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## Frequently Asked Questions

### **Will campers need to be tested for COVID-19 prior to coming to camp?**

Yes. We are requiring all campers to provide a negative COVID-19 test result which has been administered within 48 hours of check in. We encourage campers and their families use appropriate COVID-19 precautions in the 10 days prior to camp.

### **What if there's a potential exposure at camp?**

There is a Registered Nurse (RN) at camp 24/7 during the duration of the Youth Camp program. The camp RN, in consultation with the Camp Director and First Tee – Contra Costa Program Director, will determine if the symptomatic camper is experiencing COVID-19 symptoms versus symptoms such as allergies, dehydration, or other ailments. Additionally, rapid tests will be available at the Camp. If it has been determined a camper is experiencing COVID-19 symptoms, the camper and their cabin group will be required to depart camp within 8-hours.

- Parents/guardians will be notified by phone (text and call) and email.
- Parents/guardians will be required to pick their camper up at Camp Concord in South Lake Tahoe within 8 hours of notification.
- The symptomatic camper will be quarantined at a designated cabin and supervised by a staff member until parent/guardian arrives.
- Associated cabin members with no symptoms will remain in the cabin group until parent/guardian arrives.
- All potentially exposed campers and staff will be requested to get tested and report results to First Tee – Contra Costa.

## What if my child is on medication?

Medication will need to be documented at time of check in by First Tee – Contra Costa Program Director. **All medication must be properly and clearly labeled with the camper's name, dosage, and time of administration.** All medication must be placed within a zip lock bag with the camper's name on it. If medication is not properly labeled, we will not be able to accept it. During the bus ride, staff members will hold onto the medication. Once we arrive at camp, the medication will be given to the RN. The camp RN will administer the distribution of medications at times and dosage specified.

**Participants with anaphylactic allergies**, who carry an Epinephrine Injector (Epi-Pen, Adrenaclick, etc.) should keep it with them at all times, **they do not need to be turned in; however, please inform First Tee – Contra Costa** if your participant will have one in their possession.

## What if my child has a food allergy?

Allergies are to be listed on the camp application submitted to First Tee – Contra Costa. The RN, Staff and Camp Cook will be notified of all food allergies.

Adjustments to meals will be made for campers with food allergies if needed. If a camper has an allergic reaction while at camp, the camp RN will implement proper procedures and parents/guardians will be notified immediately.

## Will I be able to contact my child while they are at camp?

Yes. If you need to contact your camper, call, or email the First Tee – Contra Costa Program Director at 925-446-6701 ext. 103, or [lucio@tftccs.org](mailto:lucio@tftccs.org). In the event of an immediate emergency, you can call the Camp Concord landline at (530) 541-1203.

You may be able to directly contact your participant if they have their own cellphones; however, please note reception can be spotty. Please note that this camp is also an opportunity for campers to take a break from technology and enjoy the outdoors.

## What COVID-19 precautions are in place for the use of common space?

- **Bathrooms:** Bathrooms will be cleaned regularly throughout the day, and shower times for cabin groups will be scheduled.
- **Dining:** Each cabin group will have their own designated dining table, and staggered dining times. Food service will meet all health and safety guidelines set by the Environmental Health Department of El Dorado County.
- **Nurse Station:** The Registered Nurse will have staggered check-in times for medication distribution based on the camper's administration requirements.

## Are digital devices allowed at camp?

Camp is a time to break away from screen time and experience the sounds of nature. While cellphones are permitted, we will encourage campers to reduce their usage while on camp or when participating in activities.

Please note cellular reception can be spotty at camp.

If you have any additional questions, please contact our office

**[firstteecontracosta@gmail.com](mailto:firstteecontracosta@gmail.com)**